



Evidence-based Guidance to Scale-up  
Integrated Care in Europe

[www.vigour-integratedcare.eu](http://www.vigour-integratedcare.eu)



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VIGOUR Project

**VIGOUR** will effectively support care authorities in progressing the transformation of their health and care systems to provide sustainable models for integrated care which will facilitate identification of good practice and scaling-up. This will be achieved through the delivery of an evidence based integrated care support programme.

The programme is designed to understand and guide 15 care authorities through a staged process of analysis, advice on good practice and training in care system capacity and capability building and implementation approaches at the operational, organisational and strategic levels of stakeholders involved in different localities throughout Europe.

Knowledge exchange and mutual learning throughout this process will be enhanced by a twinning scheme bringing together VIGOUR “pioneer” care authorities with “followers”. Further external care authorities will benefit from the experiences gained throughout the staged scaling-up process in terms of dedicated webinar and podcast programmes.



**Towards patient-centred integrated models of health & care**



**Mutual learning and guideline development**



**Scaling-up integrated care best practices in Europe**



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